

# Certified Nurse Aide (CNA) & Patient Care Technician (CPCT/A)

(Dual certification program offered in partnership with Enfield Adult Education)

## Job Description

Certified Nurse Aides and Certified Patient Care Technician Assistants work in hospitals, nursing homes, and long-term care facilities providing patient care under the supervision of doctors, nurses and other medical professionals. Certified Nurse Aides provide patients' personal hygiene, assist with serving meals, feeding patients, transporting patients, checking vital signs and weight, and recording intake and output information. Patient Care Technicians are multi-skilled individuals with diverse job duties which include taking vital signs, ECG recording, venipuncture for specimen collection, wound care, and medical documentation. Knowledge of infection control procedures and safety guidelines are required.

## Employment Outlook

Earning potential for a CNA with a CPCT/A is \$30,830 annually per the U.S. Bureau of Labor Statistics. Those with dual certifications often have greater earning potential.

## Admission Requirements

Students must be 18 years of age and have a high school diploma or GED to enroll in this course. Basic Life Support (BLS) Certification is required to receive a certificate. Unless documentation of prior BLS certification is provided by the student, certification must be earned.

Students' must have reliable transportation to clinical sites (if clinical is required)

A criminal background check may be required. Students who have a record may be denied access to clinical training sites. Students with a record may have difficulty finding employment in the healthcare industry.

**Students must complete the registration packet provided by the college and return it to the instructor on the first day of class.**

**Recent proof of a physical exam, immunizations, a Tuberculosis test and an annual Flu vaccine are required to participate. Some clinical sites may require a COVID-19 vaccine.**

- Students participating in this program must be able to:
- Be able to lift and carry 50 pounds or more, bend, stoop, kneel or stand for extended period of times.
- Pull or push equipment, tables or chairs for patients.
- Read small print on vacutainers, needles and similar supplies.
- Assess patient condition and monitor patient safety and comfort.
- Perform capillary punctures effectively, properly apply labels to specimens, and palpate veins for venipuncture.
- Communicate effectively with patients and healthcare providers.

## Program Description

The CNA & CPCT/A program prepares students to provide critical day-to-day patient care in various healthcare settings such as hospitals, nursing homes or long-term care facilities.

The Patient Care Technician (PCT) Certificate program is an exciting opportunity for Certified Nurse Aides to advance their skills, earn a better salary, and have more job options in a changing employment market. PCTs are valued members of many healthcare teams. They work in hospitals, rehabilitations settings, physician offices, clinics, and long-term care facilities. Upon completion of this program, students are eligible to sit for the National Career Association Certified Patient Care Technician Exam.

The CNA & CPCT/A is a 190 hour program that awards a dual certification in Certified Nurse Aide and Patient Care Technician. In MODULE I, participants first learn the responsibilities of the CNA and prepare for the State of Connecticut licensure.

### **MODULE I Learning Objectives:**

- Utilize methods to prevent patient falls in the healthcare environment.
- Recognize and discuss physical and psychological changes that occur with aging.
- Assist with patient meals including serving meals and assisting with feeding.
- Calculate and record fluid intake and output.
- Obtain and record accurate vital signs.
- Practice proper body mechanics when moving and transferring patients.
- Provide care that prevents development of pressure ulcers.
- Provide hygiene and grooming for the patient.
- Assist with oxygen administration.
- Make open and closed beds.
- Assist with bladder and bowel elimination.
- Collect specimens for diagnostic and lab testing.
- Provide end of life care as dictated by care plan.
- Assist with restorative care.
- Safely care for patients with confusion, dementia, mental health problems and physical limitations.

Upon completion of MODULE I, students will complete MODULE II to prepare for the National Healthcareer Association exam credential.

### **MODULE II Learning Objectives:**

- Describe, demonstrate, and record vital signs.
- Describe the role of the PCT in assisting the patient with activities of daily living (ADLs).
- Describe compliance, safety and professionalism at a Patient Care Technician.
- Practice infection control in an acute care setting.
- Analyze an EKG strip for artifacts, errors, and abnormalities to inform the provider.
- Prepare a specimen sample for the laboratory through appropriate aseptic technique, draw order, and labeling/handling.
- Facilitate patient safety through adherence to regulatory and facility guidelines.
- Apply clinical skills towards scope of practice to foster optimal patient outcomes in coordination with team members.

### **MODULE III**

#### **Basic Life Support:**

- Learn how to perform CPR, use an AED, and relieve an obstructed airway in adult, child and infant patients.
- Learn critical thinking and problem-solving skills.

#### **Essential Job skills & Career Development:**

- Develop a resume and cover letter.
- Learn essential interviewing skills and soft skills to secure and retain employment.
- Engage in mock interviews to practice your skills.

The CNA State of Connecticut exam and the CPCT/A national certification exam offered through the National Healthcareer Association (NHA) are included in the program.

This program is SNAP & CT WIOA approved.

**Participants are expected to wear white scrubs to class, as well as bring a stethoscope, a blood pressure cuff, and a watch with a second hand to class.**

IMPORTANT: If you are currently a Certified Nurse Aide (CNA) and are seeking to earn the Patient Care Technician Assistant certification, you may be waived from MODULE I with proof of CNA certification.

**Participants must complete the following to achieve dual certification:**

- Certified Nurse Aide course
- Patient Care Technician course
- Basic Life Support Certification (or proof of prior certification)
- Essential Job Skills and Career Development course

Please be advised that if you have been convicted of a felony, you may not be eligible for clinical experiences, internships, externships, or certifications associated with certain Healthcare Career programs. Those with previous convictions may also find it difficult to secure employment within a healthcare setting.

### **Time Commitment**

This 5-month program includes the 100 hour CNA course, the 90 hour CPCT/A course, a 4.5 hour Basic Life Support certification course, and a 14 hour Essential Job Skills and Career Development Course.

### **MODULE I**

**CRN: 1509/1510 HMED M7212**

**Course Orientation: February 23, 5:00 p.m. at Enfield Adult Education Room D204**

**Course Dates: February 27 to April 17, 2023.**

**Days: Monday, Thursday in classroom and some Friday, Saturday, and Sundays in clinical setting**

**Times: Monday and Thursday 5:00 p.m. to 9:00 p.m.; Friday, Saturday, Sunday TBA**

**Location: Enfield Adult Education**

**Call 860.253.3034 for a detailed schedule.**

**Clinical Orientation (1): TBA**

**Clinical Dates: Please see Enfield Adult Education website for Clinical Dates.**

**Instructors: TBA**

**Locations: Enfield Adult Education (124 N. Maple St., Enfield), Parkway, and Evergreen Health Center**

### **MODULE II**

**CRN: 1511/1512 HMED M7209**

**Dates: May 9 to August 8, 2023 (no class 7/4)**

**August 8 class will meet 6:00 p.m. to 8:00 p.m.**

**Time: Tuesdays, 6:00 p.m. to 9:00 p.m., Wednesdays 5:30 p.m. to 9:30 p.m.**

**Instructor: Amy Koehler**

**Location: Asnuntuck Community College**

**Rooms: Tuesdays LRON, Wednesdays 226 (on campus)**

**Instruction type: HYBRID**

### **MODULE III**

**Basic Life Support**

**CRN: 1513/1514 HMED M7214**

**Date: June 26, 2023**

**Day: Monday**

**Time: 7:00 p.m. to 8:00 p.m.**

**Instructor: Lisa Shelanskas**

**Instruction type: HYBRID (clinical on campus)**

**Essential Job Skills and Career Development**

**Schedule: Student selects the class at time of registration**

*HYBRID: This type of course delivery includes on-site and online instruction (combination of LRON and on campus or ONLINE and on campus) Blackboard use is the same as online or LRON.*

### **Payment Information**

Total cost including the CNA course, CPCT/A course, Basic Life Support course, textbooks, licensure exams, and the Essential Job Skills & Career Development course is **\$3,065**. Payment plans are available for students. Students must drop at least 1 day prior to the start of the program in order to receive a refund. If you are on a payment plan the \$25 payment plan fee is non-refundable.

### **Contact Information**

For more information or to register please call 860 - 253-30234 or email [schampagne@asnuntuck.edu](mailto:schampagne@asnuntuck.edu).

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