

Certified Nurse Aide (CNA) & Certified Patient Care Technician (CPCT/A)

(Dual certification program offered in partnership with Enfield Adult Education)

Job Description

Certified Nurse Aides and Certified Patient Care Technician Assistants work in hospitals, nursing homes, and long-term care facilities providing patient care under the supervision of doctors, nurses and other medical professionals. Certified Nurse Aides provide patients' personal hygiene, assist with serving meals, feeding patients, transporting patients, checking vital signs and weight, and recording intake and output information. Patient Care Technicians are multi-skilled individuals with diverse job duties which include taking vital signs, ECG recording, venipuncture for specimen collection, wound care, and medical documentation. Knowledge of infection control procedures and safety guidelines are required.

Employment Outlook

Earning potential for a CNA with a CPCT/A is \$27,080 - \$30,830 annually per the U.S. Bureau of Labor Statistics. Those with dual certifications often have greater earning potential.

Admission Requirements

Students must be 18 years of age and have a high school diploma or GED to enroll in this course. Basic Life Support (BLS) Certification is required to receive a certificate. Unless documentation of prior BLS certification is provided by the student, certification must be earned.

Students must complete the registration packet provided by the college and return it to the instructor on the first day of class.

Recent proof of a physical exam, immunizations, a Tuberculosis test and an annual Flu vaccine are required to participate. Some clinical sites may require a COVID-19 vaccine.

Students participating in this program must be able to:

- Lift supplies, bend or stoop, kneel or stand for an extended period of time.
- Pull or push equipment, tables or chairs for patients.
- Read small print on vacutainers, needles and similar supplies.
- Assess patient condition and monitor patient safety and comfort.
- Perform capillary punctures effectively, properly apply labels to specimens, and palpate veins for venipuncture.
- Communicate effectively with patients and healthcare providers.

Program Description

The CNA & CPCT/A program prepares students to provide critical day-to-day patient care in various healthcare settings such as hospitals, nursing homes or long-term care facilities.

The CNA & CPCT/A is a 190 hour program that awards a dual certification in Certified Nurse Aide and Patient Care Technician. In MODULE I, participants first learn the responsibilities of the CNA and prepare for the State of Connecticut licensure.

MODULE I Learning Objectives:

- Utilize methods to prevent patient falls in the healthcare environment.
- Recognize and discuss physical and psychological changes that occur with aging.
- Assist with patient meals including serving meals and assisting with feeding.
- Calculate and record fluid intake and output.
- Obtain and record accurate vital signs.
- Practice proper body mechanics when moving and transferring patients.
- Provide care that prevents development of pressure ulcers.

- Provide hygiene and grooming for the patient.
- Assist with oxygen administration.
- Make open and closed beds.
- Assist with bladder and bowel elimination.
- Collect specimens for diagnostic and lab testing.
- Provide end of life care as dictated by care plan.
- Assist with restorative care.
- Safely care for patients with confusion, dementia, mental health problems and physical limitations.

Upon completion of MODULE I, students will complete MODULE II to prepare for the National Healthcareer Association exam credential.

MODULE II Learning Objectives:

- Provide basic patient care, monitor and report on patient needs as well as provide preparations related to phlebotomy and ECG.
- Perform advanced patient care skills such as skin care, feeding tube care, catheter care, and specialized respiratory procedures.
- Demonstrate patient safety and infection control procedures according to industry standards.
- Perform aspects of EKG monitoring including identification and resolution of artifacts, identification of arrhythmias, and appropriate response to cardiac emergencies.
- Perform basic aspects of phlebotomy, including collection and processing of specimens and advanced diagnostic electrocardiography such as stress testing and Holter monitoring.

MODULE III Learning Objectives:

Basic Life Support:

- Learn how to perform CPR, use an AED, and relieve an obstructed airway in adult, child and infant patients.
- Learn critical thinking and problem solving skills.

Essential Job skills & Career Development:

- Develop a resume and cover letter.

Learn essential interviewing skills and soft skills to secure and retain employment.

- Engage in mock interviews to practice your skills.

The CNA State of Connecticut exam and the CPCT/A national certification exam offered through the National Healthcareer Association (NHA) are included in the program.

This program is SNAP approved.

Participants are expected to wear white scrubs to class, as well as bring a stethoscope, a blood pressure cuff, and a watch with a second hand to class.

IMPORTANT: If you are currently a Certified Nurse Aide (CNA) and are seeking to earn the Patient Care Technician Assistant certification, you may be waived from MODULE I with proof of CNA certification.

Participants must complete the following to achieve dual certification:

- Certified Nurse Aide course
- Patient Care Technician course
- Basic Life Support Certification (or proof of prior certification)
- Essential Job Skills and Career Development course (See page XX for details)

Please be advised that if you have been convicted of a felony, you may not be eligible for clinical experiences, internships, externships, or certifications associated with certain Healthcare Career programs. Those with previous convictions may also find it difficult to secure employment within a healthcare setting.

Time Commitment

This 5-month program includes the 100 hour CNA course, the 90 hour CPCT/A course, a 4.5 hour Basic Life Support certification course, and a 14 hour Essential Job Skills and Career Development Course.

MODULE I

CRN: 1393/1394 HMED M7212

Course Orientation: March 3, 4:00 p.m. at Enfield Adult Education Room D204

Course Dates: March 7 to April 21, 2022

Days: Monday, Wednesday in classroom and some Friday, Saturday, and Sundays in clinical setting

Times: Monday and Wednesday 5:00 p.m. to 9:00 p.m.; Friday, Saturday, Sunday TBA

Location: Enfield Adult Education

Call 860.253.3034 for a detailed schedule.

Clinical Orientation (1):

Clinical Dates: Please see Enfield Adult Education website for Clinical Dates.

Instructors: TBA

Locations: Enfield Adult Education (124 N. Maple St., Enfield), Parkway, and Evergreen Health Center

MODULE II

CRN: 1380/1381 HMED M7209

Dates: May 17 to August 17, 2022 (no class 7/12, 7/13)

August 17th class will meet 6:00 p.m. to 8:00 p.m.

Time: Tuesdays, 5:30 p.m. to 9:30 p.m., Wednesdays 6:00 p.m. to 9:00 p.m.

Instructor: Amy Koehler

Location: Asnuntuck Community College

Rooms: Wednesdays LRON Tuesday 226 (on campus)

Instruction type: HYBRID

MODULE III

Basic Life Support

CRN: 1237/1238 HMED M7214

Date: June 6, 2022

Time: 7:00 p.m. to 8:00 p.m

Instructor: Lisa Shelanskas

Instruction type: HYBRID (clinical on campus)

Essential Job Skills and Career Development

Schedule: Student selects the class at time of registration

HYBRID: This type of course delivery includes on-site and online instruction (combination of LRON and on campus or ONLINE and on campus) Blackboard use is the same as online or LRON.

Payment Information

Total cost including the CNA course, CPCT/A course, Basic Life Support course, textbooks, licensure exams, U-Pass transportation fee, and the Essential Job Skills & Career Development course is **\$2,977**. Payment plans are available for students. Students must drop at least 1 day prior to the start of the program in order to receive a refund, if you are on a payment plan the \$25 payment plan fee is non-refundable.

Contact Information

For more information or to register please call 860 253-3028 or email schampagne@asnuntuck.edu.

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