

Resources for Early Childhood Educators

Becoming Upended: Teaching and Learning about Race and Racism with Young Children and Their Families, Kirsten Cole, Diandra Verwayne, NAEYC Publications, May 2018

Rationale for why race must be addressed in ECE, strategies to effectively do this, stories of teachers. <https://naeyc.org/resources/pubs/yc/may2018/teaching-learning-race-and-racism>

Equity Resources: Living the Statement

Resources that support early childhood educators in their teaching of equity.

www.naeyc.org/equity/resources

What if all the Kids are White? Antibias Multicultural Education with Young Children and Families.

Louise Derman-Sparks and Patricia Ramsey

Teachers College Press

This book discusses what White children need and gain from an antibias approach in ECE. Teaching strategies, activities for families and staff and reflection questions are included.

Unconscious Bias in Schools: A Developmental Approach to Exploring Race and Racism.

Library Binding – August 13, 2019.

[Tracey A. Benson](#) (Author), [Sarah E. Fiarman](#) (Author), [Glenn E. Singleton](#) (Foreword)

Teaching About Race in College Classrooms

<https://equity.ucla.edu/wp-content/uploads/2017/01/Tatum-Talking-About-Race.pdf>

Interviews and Articles

Ibram X. Kendi: IQ Tests, SAT Scores and Other “Intelligence” Tests Propagate Racism, Democracy Now! Democracynow.org

Interview of the author of “How to Be an Antiracist” talks about the racist development of intelligence tests and the negative implications to people of color. Kendi is the Director of the Antiracist Research and Policy Center at American University.

The Case for Reparations, Ta-Nehisi Coates

<https://www.theatlantic.com/personal/archive/2014/08/the-case-for-reparations-the-tldr-version/379031/>

Recommended Books on Antiracism

How to Be an Antiracist.

Ibram X. Kendi

One World Publishing, 2019

The author takes readers through a widening circle of antiracist ideas from the most basic to visionary possibilities.

So You Want to Talk About Race.

Ijeoma Oluo

Seal Press, 2019

A user-friendly examination of race in America. Promotes how to have honest conversations about race and racism.

Stamped from the Beginning: The Definitive History of Racist Ideas in America.

Ibram X. Kendi

Bold Type Books, 2017

Kendi chronicles the entire story of anti-black racist ideas and their staggering power over American history using the life stories of Cotton Mather, Thomas Jefferson, William Lloyd Garrison, W.E.B. DuBois, and Angela Davis.

White Rage: The Unspoken Truth of our Racial Divide.

Carol Anderson

Bloomsbury USA, 2017

From the Civil War to current times, the author reframes our continuing conversation about race, chronicling the powerful forces opposed to black progress in America.

This Book is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work.

Tiffany Jewell

Frances Lincoln Children's Books, 2020

Gain a deeper understanding of your antiracist self as you find the courage to undo your thinking through 20 activities that grow your knowledge and understanding.

Every Day in the USA: 30 Black Moments.

Anika Nailah

Dale Thomas, 2018

Thirty common moments in the lives of people in Black America illustrate and spark race conversations between Blacks and Whites.

Say Her Name.

Zetta Elliot

Little, Brown Books for Young Readers, 2020

Poems that honor the lives lost to victims of police brutality as well as the activists insisting that Black Lives Matter.

Locking Up Our Own: Crime and Punishment in Black America.

James Forman Jr.

Farrar, Straus and Giroux, 2018

The war on crime that began in the 1970's and was supported by many African American leaders is discussed as well as the biases that exist in the criminal justice system.

How We Get Free: Black Feminism and the Combahee River Collective.

Keeanga-Yamahtta Taylor

Haymarket Books, 2017

Essays and interviews with members of the Combahee River Collective, a pathbreaking group of radical black feminists.

White Fragility: Why It's So Hard for White People to Talk About Racism

Robin DiAngelo, Michael Eric Dyson

Beacon Press, 2018

Identifies how racism is perpetuated and how to address it in concrete steps and conversations.

Why Are All the Black Kids Sitting Together in the Cafeteria? And Other Conversations About Race

Beverly Daniel Tatum

Basic Books, 2017

Defines racism, provides steps for difficult conversations and deeper understandings.

Dying of Whiteness: How the Politics of Racial Resentment Is Killing America's Heartland

Jonathan Metzl

Basic Books, 2019

A physician reveals how right-wing policies have mortal consequences.

Their Eyes Were Watching God

Zora Neale Hurston

Amistad, 2006

The most widely and highly acclaimed novel in African-American literature. It brings together ideas of Black feminists in this southern love story.

Why I'm No Longer Talking to White People About Race

Reni Eddo-Lodge

Bloomsbury Publishing, 2019

This book sparked a national conversation exploring everything from eradicating black history to the link between class and race as it focus on race relations in Britain today.

The Fire Next Time

James Baldwin

Vintage, 1992

This book gave voice to the Civil Rights movement.

They Can't Kill Us All: The Story of the Struggle for Black Lives

Wesley Lowery

Back Bay Books, 2017

Brings alive the quest for justice in recent cases such as Michael Brown, Tamir Rice and others while offering insight into the reality of police violence in America.

The New Jim Crow: Mass Incarceration in the Age of Colorblindness

Michelle Alexander

New Press, 2020

Named one of the most important nonfiction books of the 21st century, while focusing on criminal justice reform activism.

Between the World and Me

Ta-Nehisi Coates

One World, 2015

Written as an open letter to his teenage son, it focuses on what it means to be young, black, and male in America today.

The Good Immigrant: 26 Writers Reflect on America

Nikesh Shukla

Back Bay Books, 2020

Simultaneously heartbreaking and hilarious, essays that create ideas to spark conversations.

Barracoon: The Story of the Last “Black Cargo”

Zora Neale Hurston, Alice Walker

Amistad, 2020

A first person account of the suffering of enslaved Africans by anthropologist author as she studies Cudjo Lewis, enslaved and brought to Alabama in 1860, decades after the U.S. had signed onto the transatlantic human trafficking ban.

A More Beautiful and Terrible History: The Uses and Misuses of Civil Rights History

Jeanne Theoharis

Beacon Press, 2019

Setting the record straight on the way history is recorded of the civil rights movement, this author how things like polite racism maintains injustice and other easily believed untruths.

Videos

Systemic Racism video

https://www.youtube.com/watch?v=YrHIQIO_bdQ

A Seat at the Table: Race as a Social Construct

<https://www.pbs.org/video/is-race-a-social-construct-zmgmzc/>

Ethnic Notions

A documentary tracing the history of African American portrayal and how this has led to stereotypes.

<https://www.kanopy.com/product/ethnic-notions-0>

What is Race? Online quiz

http://www.pbs.org/race/001_WhatIsRace/001_00-home.htm

Teacher lessons on race

https://www.pbs.org/race/000_About/002_04-teachers-02.htm

About Children:

Articles

Impact of Race on Children's Health

<https://pediatrics.aappublications.org/content/144/2/e20191765>

Birth Outcomes and Race

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2868586/>

Health Equity

https://www.apha.org/-/media/files/pdf/topics/equity/health_equity_social_justice_apha_may_2015.ashx?la=en&hash=1AB844B23465836A5ECAEEFA12FAD0805C16CEC2

Disparities in infant mortality caused by bias

<https://www.nytimes.com/2018/04/11/magazine/black-mothers-babies-death-maternal-mortality.html>

History of Systemic Racism in U.S.

<https://www.vox.com/first-person/2019/5/16/18627753/racism-kkk-police-brutality-sandra-bland>

Systemic Racism in education (Ben and Jerry)

<https://www.benjerry.com/whats-new/2017/11/systemic-racism-education>

Charts that prove racial disparity still exists

<https://www.msn.com/en-au/news/world/25-simple-charts-that-prove-racism-is-still-a-problem-in-america/ar-BB15pesi>

Books for Young Children:

You Matter

Christian Robinson

An impactful picture book about seeing the world from different points of view.

Two Eyes, a Nose, and a Mouth

Roberta Grobel Intrater, Scholastic

Photos of diverse faces help spur discussions with young children about differences.

Shades of People

Sheila Kelly

Clear, concise language to describe the range of skin colors with accompanying photos. A great starter book about skin color and race.

All the Colors we Are: The Story of How we Get our Skin Color

Katie Kissinger

How we are all different and yet the same is the emphasis of this bilingual book.

Shades of Black: A Celebration of our Children

Sandra Pinkney

Scholastic

This book of photos affirms and celebrates the rich diversity of Black children.

Grandpa, Is Everything Black Bad?

Sandy Lynne Holman

A picture book of the kinds of messages needed to counter anti-blackness.

Sulwe

Lupita Nyong'o

This book follows the story of a child who wishes her dark skin was lighter.

Antiracist Baby Board Book

Ibram X. Kendi

Kokila, 2020

A vibrant and hopeful board book that helps lay the foundation for children to respect all people and recognize systemic racism.

Books for School Age Children and Young Adults

Something Happened in our Town: A Child's Story About Racial Injustice

Marianne Celano, PhD

Explains systemic racism in a way that older children can understand.

The Undefeated

Kwame Alexander and Kadir Nelson

A picture book that is a love letter to black life in the U.S. It highlights the unspeakable trauma of slavery, the faith and fire of the civil rights movement, and the grit and passion of the world's greatest heroes.

Black is a Rainbow Color

Angela Joy

A child reflects on the meaning of being Black in this moving and powerful anthem about a people, a culture, a history and a legacy that lives on.

Stamped: Racism, Antiracism, and You: A Remix of the National Book Award-winning Stamped from the Beginning

Jason Reynolds, Ibram X. Kendi

Little, Brown Books for Young Readers, 2020

A transformative book for teens that gives context to the history of racism and how it is we are where we are today.

Brown Girl Dreaming

Jacqueline Woodson

Puffin Books, 2016

In vivid poems, Woodson shares what it was like to grow up as an African American in the 1960's and 1970's from a child's perspective as she searches for her place in the world.

A Young People's History of the United States: Columbus to the War on Terror (For Young People Series)

Howard Zinn

Triangle Square, 2009

Stories of workers, slaves, immigrants, women, Native Americans, and others and their impact that are rarely included in historical accounts.

It's Trevor Noah: Born a Crime: Stories from a South African Childhood (Adapted for Young Readers)

Trevor Noah

Yearling, 2020

Noah describes growing up as an outsider since he is of mixed race and born at a time when marriage between blacks and whites was illegal in South Africa. In its humor, he still reveals what is wrong with the world in terms of poverty, racism, injustice.

We Are the Change: Words of Inspiration from Civil Rights Leaders (Books for Kid Activists, Activism Book for Children)

Harry Belefonte

Chronicle Books, 2019

Sixteen award-winning children's book artists illustrate the civil rights quotations that inspire them in this beautiful book.

Separate is Never Equal: Sylvia Mendez and Her Family's Fight for Desegregation
Duncan Tonatiuh

Harry N. Adams, 2014

Ten years before Brown vs Board of Education, Sylvia Mendez and her parents helped end school segregation in California. An American citizen of Mexican and Puerto Rican heritage who spoke and wrote perfect English, she was denied enrollment to a “Whites only” school.

We Rise, We Resist, We Raise Our Voices

Wade Hudson, Cheryl Willis Hudson

Yearling, 2019

Fifty of the foremost diverse children’s authors and illustrators share answers to the question, “In this divisive world, what shall we tell our children?”

I’m Not Dying with You Tonight

Gilly Segal, Kimberly Jones

Sourcebooks Fire, 2019

A compelling page turner novel that focuses on two girls in one night with very different backgrounds and how they must rely on each other to get through the violent race riot that has enveloped their city.

The Hate U Give

Angie Thomas

Balzer and Bray, 2017

Inspired by the Black Lives Matter movement, this gripping novel tracks one girl’s struggle for justice after she witnessed a shooting that leaves her lifelong friend dead.

Dear Martin

Nic Stone

Ember-2018

An African American student’s intense feelings of displacement in his predominantly white high school.

All American Boys

Jason Reynolds, Brendan Kiely

Atheneum/Caitlyn Dlouhy Books, 2017

Two teens-one white, one black grapple with repercussions of a single violent act that leaves their school, their community, and the country bitterly divided by racial tension.

Black Brother, Black Brother

Jewell Parker Rhodes

Little, Brown Books for Young Readers, 2020

Two brothers, one who presents as white, the other black, and the complex ways in which they are forced to navigate the world, all while training for a fencing competition.

Someday is Now: Clara Luper and the 1958 Oklahoma City Sit-ins

Olugbemisola Rhuday-Perkovich, Jade Johnson

Seagrass Press, 2018

The inspirational story of Clara Luper, civil rights pioneer who led one of the first lunch counter sit-ins in America.

Woke: A Young Poet's Call to Justice

Mahogany Browne, Elizabeth Acevedo

Roaring Brook Press, 2020

A collection of poems by women of color covers topic relating to social justice, activism, discrimination and empathy, focusing on the need to speak out and inspiring middle schoolers to take action.

Intersectionallies: We Make Room for All

Chelsea Johnson, Latoya Council

Dottir Press, 2019

Three women of color-sociologists, write of 9 interconnected characters who proudly describe themselves as having a physical disability to language challenges offering an opportunity to take pride in a personal story and connect with collective struggles for justice.

Videos Worth Watching

A Girl Like Me: Kiri Davis

Kiri Davis explores what it is like to be Black and female and how young children internalize good and bad with regard to race.

https://www.youtube.com/watch?v=z0BxFRu_SOw&t=305s

The Color of Fear

<https://www.imdb.com/title/tt0484384/>

Eight North American men, two African American, two Latinos, two Asian American and two Caucasian were gathered by director Lee Mun Wah, for a dialog about the state of race relations in America as seen through their eyes. The exchanges are sometimes dramatic, and put in plain light the pain caused by racism in North America.

The Eye of the Storm

Jane Elliot did a famous Brown Eyed, Blue Eyed experiment in her 3rd grade class in Iowa that had life changing results regarding racism.

<https://www.bing.com/videos/search?q=the+eye+of+the+storm+1970+movie&&view=detail&mid=5DEAAC4DC92CD789D6AA5DEAAC4DC92CD789D6AA&rvsmid=9EC961EB11E75400A6759EC961EB11E75400A675&FORM=VDRVRV>

Is Race a Social Construct?

<https://www.pbs.org/video/is-race-a-social-construct-zmgmzc/>

Ebonics or Standard English? The Oakland Experiment

<https://www.youtube.com/watch?v=J3D2iyBqICk>

Movies

13th

Addresses systemic racism in the criminal justice system.

12 Years a Slave

Follows one man's journey through slavery to freedom.

Podcasts

Exploring unconscious bias in schools.

Dr. Tracey Benson

<https://www.panoramaed.com/blog/fight-racism-in-schools>

Activities for young children

<https://mailchi.mp/playfullearning/embracing-diversity-and-unity?e=804b97337e>

Guest Speakers

Dr. Beverly Tatum, author of "Why are all the Black Kids Sitting Together in the Cafeteria?"

Stephanie Jirard, How to Discuss Race in a Classroom Setting

Professor of Criminal Justice at Shippensburg University

Elsa Jones

Early Childhood Coordinator

Post University

Antibias educator

Asnuntuck adjunct in ECE

Websites

www.embracerace.org

Organization fights systemic racism by supporting parents to raise children who are brave, informed, and thoughtful about race. Online resources for parents.