

Unsure about your major or career?

Get focused with...



What is FOCUS 2?

FOCUS 2 is an online interactive, self-guided career and education planning system designed to help you make decisions about your future career goals and education plans.

FOCUS 2 will guide you through an interactive process enabling you to:

1. Assess your career planning readiness, work interests, values, skills, personality type and leisure time interests.
2. Broaden your career options and discover occupations matching your personal preferences and attributes.
3. Decide which career fields, majors and training programs are best for you.
4. Plan the career and educational pathway that will support your personal needs and goals.

When and why should you use FOCUS 2?

Use FOCUS 2 throughout your college years and as an alumnus. FOCUS 2 can be used in different ways throughout all stages of your education and career planning according to your personal needs.

1st or 2nd year student:

- Understand the career planning process
- Self-awareness – learn about yourself through the assessments
- Explore majors at your college that match your interests and support your career goals
- Explore career fields and occupations that appeal to you
- Develop an Action Plan
- Make informed decisions about your major and career

Alumnus:

- Ongoing career exploration and awareness
- Make career plans
- Plan for advanced education and training
- Explore future options for transitioning into specialized occupations

How much time does it take to use FOCUS 2?

Typically, the total time spent by students the first time they use FOCUS 2 ranges from 1 to 2 hours. Of course, you can spend as much time as you wish.

The Career Readiness & Self-Assessment modules of FOCUS 2 can usually be completed in approximately 45 minutes. You can login at any time to spend additional time researching over 1,000 occupations and viewing career videos.

How to set up your account and log in to FOCUS 2

New Users:

Create your account by registering for FOCUS 2. You can link to the registration and log in pages for FOCUS 2 from the following college webpage:

<https://asnuntuck.edu/current-students/career-development-more-info/majorandcareerexploration/>

Access Code: asnuntuck

Returning Users:

Access your account anytime by entering your username and password on the log in page for FOCUS 2. The log in is cAse seNsitive.

If you forget your user name and password, go to the log in page to have it emailed to you.

Things to Keep in Mind

- Use FOCUS 2 online on any PC or MAC computer or IPAD anywhere, anytime.
- FOCUS 2 always saves your results.
- Use FOCUS 2 as often as you wish.
- You can change your mind about earlier choices, repeat a section and explore new options.
- Your results are stored online and are always available to you.
- Use the FOCUS 2 features in any order.
- Save the majors and occupations that appeal to you as you review them.

Follow up with a Career Advisor

- To schedule a follow-up appointment, please email Cat Carter, Academic & Career Advisor, at CCarter@asnuntuck.edu.
- Remember to print out your reports before your appointment.

Welcome!

Let's get started developing your personalized career and education plans!



My Career Planning Readiness

START



My Academic Strengths

START

Self Assessment

Discover majors and occupations that match your personal attributes



Work Interest Assessment

17%

CONTINUE

Start Over



Values Assessment

100%

RESULTS

Review

Start Over



Personality Assessment

100%

RESULTS

Review

Start Over



Skills Assessment

100%

RESULTS

Review

Start Over



Leisure Assessment

100%

RESULTS

Review

Start Over

Combine Assessments

4/5 Completed



Explore the Possibilities

Use these tools for ongoing career and education exploration:

What can I do with a major in ... at Asnuntuck Community College? ↻

Explore Any Area of Study ↻

Explore any Occupation ↻

Explore Occupations by Job Family ↻

Compare 2 Occupations Side by Side ↻

Take Action

Create a road map of your academic and career development activities

My Education



My Professional Development



Cat Carter's Career and Education Planning Results

A summary of your assessment results and saved preferences.



My Saved Occupations



My Saved Majors



Review and Print My Portfolio

Recommended Tools & Websites

[Links to Resources](#)

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STUDENT CHECKLIST

Please check what you have completed prior to meeting with a career advisor to discuss your results. You must **complete** all of the Self-Assessments and **save** at least 2 occupations for each assessment.

TO DO:

MY CAREER PLANNING READINESS:

- Career & Educational Goals
- Academic Strengths
- Your Work Experiences & Accomplishments
- Your Career Planning Status
- Your Personal Development Needs

SELF ASSESSMENTS:

- Work Interest Assessment
- Personality Assessment
- Leisure Interest Assessment
- Skills Assessment
- Values Assessment

- Saved at least 2 occupations for each assessment!

EXPLORE THE POSSIBILITIES:

- Search for Occupations by Name
- Search for by Industry
- What You Can Do With a Major In ...
- Explore occupations associated with any major
- Compare 2 Occupations Side by Side

PORTFOLIO:

- Review and print your portfolio before meeting with a career advisor

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